

COMMISSAIRE'S COMMUNIQUE**1. Equipment:**

As per UCI Regulation 16.14.001, all bicycles used in the competition must be in conformity with UCI regulations. A helpful reference can be found in the "Clarification Guide of the UCI Technical Regulations" document on the UCI website.

A pre check of bikes will be offered at least 1 hour before the start of the ITTs.

For ITT: Riders must present their bike for the race check at least 15 minutes prior their official start.

Reminder: The start will be refused if the bicycle or the equipment is not in conformity with the regulations.

In all cases the riders must take the start in the uniform as approved at the licence control.

2. Helmets colours for the road races:

Article 16.10.002 indicates the required colours for each class. Riders using the wrong helmet colour in the mass start races will not be allowed to start and/or will be withdrawn from the race and disqualified.

3. Numbers and Transponders:

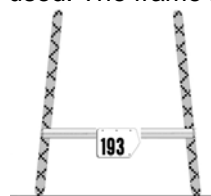
Transponders will be supplied and must be fitted.

Numbers must be displayed as prominently as possible.

Transponders need to be returned after all their National Team and Independent athletes have finished their races.

Time Trial: Only one number is required, in the lower back, on the right side. Frame numbers are not required.

Road Race: Two body numbers are required, attached to the top layer of the jersey, number pockets are not to be used. The frame number is also required.



For the handbikes: one bib number is required on the LEFT leg, two frame stickers should be attached one each side of the handbike and one frame number on the safety bar as on the picture from regulation article 16.17.016

4. Call up order for the road races:

According to UCI Rules, riders will be called up before the start of each event.

All riders must present themselves to designated assembly area in the pitlane no later than 10 minutes before their start time for the call up, and form the "fish bone" formation. Riders are reminded to sign on prior to call up.

5. Drafting:

Drafting in road race is only permitted amongst riders of the same race number colour, any rider taking pace or drafting from a rider of a different group will be disqualified.

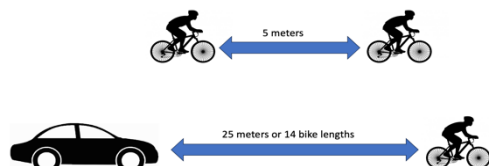
6. Safe position on the bike (C,B,T)

Riders must observe the standard position as defined by article 1.3.008. Sitting on the bicycle's top tube is prohibited. Furthermore, using the forearms as a point of support on the handlebar is prohibited except in time trials.

Cycles, Tandems and Tricycles handlebar brake level hoods must conform to the prescribed fitting as described in the UCI "Clarification Guide of the UCI Technical Regulations" document.

7. ITT Following Vehicle Distances

As per UCI regulation 2.4.023 any following vehicle must remain at least 25 meters behind the athlete. For following team personnel on bicycles for H1 and T1 classes, this distance is reduced to 5 meters. Such team personnel must be on a regular bicycle (not e-bike) and must not carry any technical equipment. Their purpose is only to ensure the athletes safety.

**8. Handbike Disk Wheels.**

As per 16.17.008, disk wheels are permitted for all competitions. However, for categories H1 to H4, rear disk wheels must be no more than ETRTO 406mm in size to ensure riders visibility. Front disk wheels are only permitted in Time Trials.

9. Feeding:

Feeding is permitted only in the designated areas on each lap, and with the weather conditions is permitted at all times.

Feeding is authorized from both sides of the road. Feeding is not permitted during the time trial and team relay events.

Returning bottles from the riders is only allowed in the feeding zone. (2.2.025)

10. Spraying of Athletes with Water

Team personnel are permitted to spray their athletes during the road races from the designated zone after the feed zone.

11. Ranking of Road Races

Any riders overtaken by the leader of their race shall continue competing. When the race leader finishes his last lap, all other riders shall end their race when they next cross the finish line as per article 16.7.007

12. Ceremonies

Athletes must present themselves in race clothing, including either race shoes or trainers (no sandals or flip flops). The wearing of headbands, sunglasses and caps is not allowed at the podium ceremonies.

13. Handbike and Tricycle Safety Bar Breakage

If a Tricycle or Handbike athlete suffers at breakage of the safety bar, then the athlete can continue until the technical zone to have the safety bar fixed or reattached. However, if the breakage occurs on the last lap, then the athlete needs to stop and will be deemed to be DNF.

The College of Commissaires